

Jonathan Edis – The Still Technique

Jonathan learnt the Still Technique in 2004 at the German Osteopathic College's (DOK) International Symposium of Osteopathy, taking a course with the main educator of the technique, Pierre Jean Bachand, DO.

'It was a real damascene moment in my early career & I came back (re)invigorated - I have used Still every day in practice with most of my patients.'

He began giving lectures & courses on Still Technique in 2010 with his colleague, Glynn Booker.

They have given lectures to:

- Manus Sinistra (BSO/UCO SU society)
- The London Osteopathic Society (LOS)
- The Midlands Osteopathic Society (MOS)
- The Waltham Forest Osteopathic Group (WFOG)
- South Wales Osteopathic Society
- In the EU: Italy, Poland and the Netherlands
- Osteon - a group of osteopaths in the Russian Federation



They have run regular courses/workshops for CPD Today, Manus & BSO/UCO CPD Services.

He has also run solo courses/workshops for the College of Osteopaths & the Central Sussex Osteopathic Group.

Jonathan graduated from BSO in 2001 with a BSc (Hons) Osteopathy. Has a Postgraduate Certificate in Academic Practice (PGCAP) from University of Bedfordshire.

Is a Fellow of the Higher Education Academy (FHEA).

Has lectured at BSO/UCO from 2002-2021, mainly in Patient Examination Skills, structural osteopathic (manipulative) technique (OMT) & Observation/Palpation (surface anatomy).

Since 2021, he has been a Practice Educator at UCO 2 days a week.